



\*Additional Foam Rollers available for purchase

# Smart

## FUNCTIONAL TRAINING CENTER

STUDIO  
FREE STANDING  
1 BAY PACKAGE

### 1 BAY PACKAGE

Includes the following product:

- (1) 1 Bay FTC with 3 Storage Trays, Rope Anchor, Mat Rack, and Pull Up Bar
- (1 ea) Stability Ball, 55cm, 65cm, 75cm (Black)
- (1 ea) Medicine Ball, 4lb, 6lb, 8lb, 10lb, 15lb (Gray)
- (4) 16mm Exercise Mat with Grommets (Black)
- (2) Smart Recovery Foam Rollers
- (1) Smart Straps Body Weight Training System
- (1) Smart Strength Band, Light, 25-80lb
- (1) Smart Strength Band, Medium, 50-120lb
- (1) Smart Strength Band, Heavy, 60-150lb
- (1 ea) Fitness Cable, 20lb, 40lb, 60lb
- (3) Smart Quick Flip Single Pocket Handles (Pair)
- (1) Conditioning Rope 30ft, 1.5" Diameter
- (2) Smart Speed Jump Ropes
- (1) Smart Core Ab Wheel with Mat

Dimensions: 81"W x 55"D x 93"H

## *Inspiring Movement!*

- Free Standing 1 Bay Smart Functional Training Center allows for functional exercise and storage all-in-one
- Heavier Duty and Extended base plates plus counterweight bar for Free Standing design
- Fast, simple assembly (mounting not required)
- Adjustable rods on Mat Rack for desired placement
- 3 storage shelves with 200lb weight capacities
- Optional Smart Wall Ball Target
- Functional workout area that accommodates proprietary Smart Self-Guided accessories
- Multi-height pull up bar options with 350lb load capacity
- Ships complete on a standard 48" x 40" pallet

Studio 1 Bay Package SKU: 400-155-200

Free Standing Rack Only: 400-150-202

Free Standing Extension Kit : 400-150-217



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